

NEWSLETTER

# DC/ARLINGTON

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Fostering the Art of Musical Liturgy    November -December

*A time for  
Waiting*

Remembering our  
Dearly Departed

**Annual Liturgy Day**

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*Music for the season:*  
Christmas

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[www.npmdc.org](http://www.npmdc.org)  
[www.npmarlington.org](http://www.npmarlington.org)



# Director's Corner

## Amy Massey

**DC Chapter Director**

**Nov-Dec 2022**

Another liturgical year is nearing an end. In these final weeks of ordinary time, the scriptures point us to the end times, Christ coming as our King, and the promise of eternal life. We then have the privilege of beginning the salvation story anew by turning to the incarnation, God with us. Advent brings the hope, joy, and promise of a transformed and deeper connection with the story of Christ, and the reminder that we are a Paschal people from start to finish.



This year we also have the opportunity of experiencing the start of the three-year cycle by going back to the Gospel of Matthew in Year A. On the fourth Sunday of Advent, we hear the announcement of the angel to Joseph as recounted in the first chapter of Matthew.



This is how the birth of Jesus Christ came about. When his mother Mary was betrothed to Joseph, but before they lived together, she was found with child through the Holy Spirit. Joseph her husband, since he was a righteous man, yet unwilling to expose her to shame, decided to divorce her quietly. Such was his intention when, behold, the angel of the Lord appeared to him in a dream and said, "Joseph, son of David, do not be afraid to take Mary your wife into your home. For it is through the Holy Spirit that this child has been conceived in her. She will bear a son and you are to name him Jesus, because he will save his people from their sins." All this took place to fulfill what the Lord had said through the prophet: Behold, the virgin shall conceive and bear a son, and they shall name him Emmanuel, which means "God is with us." When Joseph awoke, he did as the angel of the Lord had commanded him and took his wife into his home.

Joseph did what many would not do. His "yes" rescued Mary from being an unwed mother and the punishment and ostracization that she surely would have endured, and he saved Jesus from the lifelong taint of an illegitimate birth. As a Jewish man he was certainly familiar with the prophet Isaiah foretelling the birth of the Messiah, but what a shock to learn in a dream that he would become the earthly father of the Savior of the Jewish people. Only an extraordinarily godly and loving man would arise from his dream and do exactly as he was told! And how different would our story have been if he wasn't obedient to the angel. So, we have the opportunity this Advent to ponder the story of Joseph. If you are looking for a piece of music which beautifully encapsulates Joseph's encounter, consider using ["Song of Elizabeth/Song of Joseph"](#). As an added bonus, the same piece may also be used when the scripture points us to the Visitation. As we journey ever closer to a new liturgical year and cycle may we find new places to say yes to Christ's call in our lives and make space for the encounter of God with us.

Blessings to you and all those you love as we anticipate and prepare for the arrival of our Savior as a child and coming King.  
Saint Joseph, pray for us.

# Annual Liturgy Day



*Join us for our annual educational day on the Liturgy!  
Meet the new Diocesan Music Director and engage with  
fellow musicians in skill-specific breakouts.*

- Date:** **Saturday, November 12, 2022**
- Schedule:** 9:00 AM Breakfast & Registration  
9:30 AM Morning Prayer  
10:00 AM Presentation with **Fr. Vincent Ferrer Bagan, OP**, Director of Music, Cathedral of St. Thomas More  
11:15 AM Breakouts  
A. Cantors (psalm preparation and vocal technique)  
B. Organ Repertoire for the Church Year  
12:00 PM Closing

**Where:** **St. Bernadette Catholic Church**  
7600 Old Keene Mill Road  
Springfield, VA 22152

**Cost:** **\$10 for NPM members**  
**\$20 for non-members**

Please register no later than **November 4, 2022**  
*(scan or click the QR code to RSVP)*



Payment (cash or check) accepted  
at the door or digitally via Zelle [a banking app];  
the Zelle ID is arlingtonva@npm.org)



# Breakout Sessions for Liturgy Day!

**Saturday November 12, 2022 9-12:30pm**

7600 Old Keene Mill Road, Springfield, VA 22152

[Register here](#)

NPM Arlington looks forward to your registration for Liturgy Day. In preparation for this event, please see the descriptions on the two options each attendee has for the workshop.

## **Breakout A:**

### ***Responsorial Psalms: Literary Sources and Vocal Practice***

David Mathers will give a presentation focusing on preparing and singing the psalms of the responsorial psalm.

Preparation from a literary perspective: what is this psalm about? why were these verses selected for this day? how do they fit with the other readings? and applying this knowledge to how the psalm can be effectively proclaimed.



## **Breakout B:**

### ***Organ Repertoire for the Church Year***

*Timothy Lewicki will focus on repertoire for Organ throughout the liturgical year. Learn of pieces on the organ for your liturgical year, and hear something new!*



**CANTOR  
WORKSHOP**  
OCTOBER 22:  
PRECIOUS  
BLOOD,  
CULPEPER, VA



*Cantors came from 3 parishes in the Arlington Diocese: St. Isidore the Farmer, St. John's, and Precious Blood.*

## CANTOR WORKSHOP Re-Cap

On Saturday, October 22, Janet Natale graciously came down to Precious Blood Catholic Church in Culpeper to present an enriching local workshop for cantors. There were eighteen cantors from Precious Blood, St. Isidore the Farmer in Orange and from St. John's in Mclean in attendance. Many of the cantors volunteered to sing through a psalm and receive personal tips and advice on how to proclaim it even more effectively. We learned techniques to help with breath control, phrasing, gestures and psalm preparation. We learned to ask ourselves "Who is doing the speaking in this psalm?" and "To whom is this psalm being addressed? (God or assembly?)" and how that should change our countenance and delivery. Janet shared her expertise gently but honestly in such a way that all were able to learn helpful ways to improve in their personal ministry as leaders of sung prayer at the altar of God. Thank you, Janet, for blessing us with your time and talents! And a special thank you to Rick Gibala for arranging this great opportunity for those of us on the outskirts of our diocese!

- Hannah Masson, Director of Music,  
Precious Blood Church, Culpeper, VA



Janet Natale and Hannah Mason



The hospitality spread!

# Sing to the Lord!

# Clyde's

An American Bar

## Happy Hour

NPM-DC members were warmly welcomed by the host and bartenders at Clydes of Rockville, where the latest social was held on Sept. 23rd. The appetizers were plentiful and delicious, and shared by all. Non-board members were treated to a round of drinks (while board members picked up their own beverage tabs). It was a lovely late afternoon to venture out, and the space we had was ample for a few hours of meeting and mingling with pastoral musicians from around the area.



*Clyde's in Tower Oaks was the perfect spot for NPM Chapter musicians to relax!*



# Arlington Mass and Dinner



David Mathers presenting Arlington Cathedral Music Director Emeritus Rick Gibala an award recognizing his service to our diocesan music ministry family and NPM Arlington Chapter of the past 30 years at the annual Arlington Chapter Mass and Dinner at All Saints parish in Manassas.



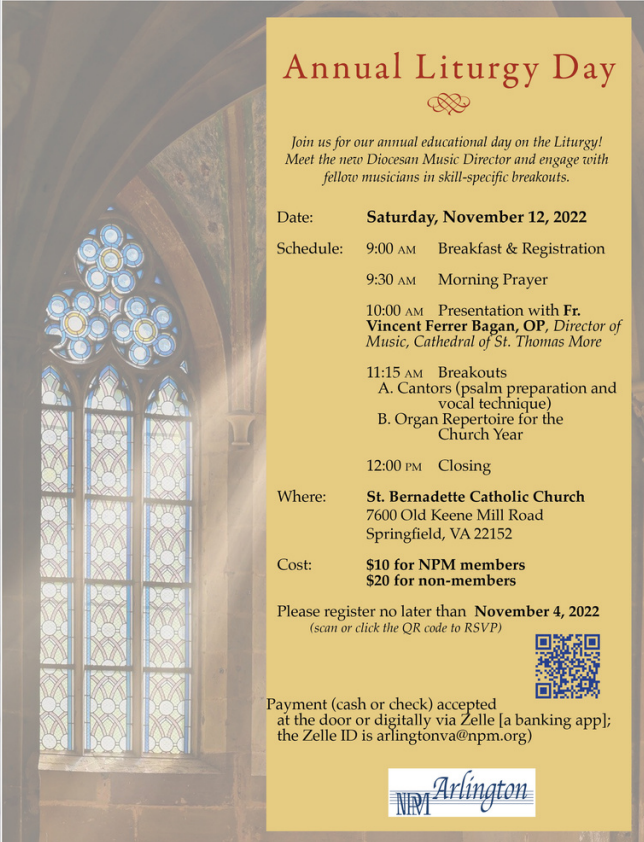
Two past Chapter Directors of NPM Arlington, Rick Gibala and David Mathers at the annual Arlington Chapter Mass and Dinner at All Saints parish in Manassas

The annual NPM Arlington Chapter Mass and dinner were held at Chapter Director Tim Lewicki's parish of All Saints in Manassas, Va., on Sept. 9. About 40 people attended. Chapter Chaplain Fr. Don Rooney was the Mass's main celebrant. Concelebrating were the new Arlington Cathedral/Diocesan Director of Music Fr. Vincent Ferrer Bagan and longtime chapter member Fr. Mike Bazan, pastor of St. Clare of Assisi parish in Clifton, Va. During dinner, the Past Chapter Director David Mathers presented a plaque to outgoing chapter board member and retired Arlington Cathedral/Diocesan Director of Music Rick Gibala. Tears of joy and appreciation flowed freely. Rick expressed his gratitude in a message to the Arlington board later that evening: "Thank you for the beautiful plaque and recognition. That was totally unexpected and appreciated more than you can know. Thank you from the bottom of my heart."

- David Mathers, St. Bernadette Catholic Church, Springfield Virginia



# NOVEMBER Calendar of Events



## Annual Liturgy Day

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Jesus the Good Shepherd Catholic Community Presents

## Faure Requiem Mass of Remembrance

Choir and Organ

**Saturday, November 5, 2022**  
**4:30 P.M.**

Jesus the Good Shepherd  
1601 W. Mount Harmony Rd.  
Owings, MD 20736

### COMMEMORATION OF ALL THE FAITHFUL *Departed*

Cover design: CLiturgical Publications Inc. Photography from bigstockphoto.com



The St. John's Concert Series presents:

**Organist Timothy Lewicki in Recital**  
*A Musical Journey Through the Liturgical Year*

Saturday, November 19, 2022  
7:30pm in the Main Church  
St. John the Apostle Catholic Church

Suggested donation: \$20

# In Memoriam for Our Beloved Dead

## MASS OF REMEMBRANCE



Dear God,  
we thank you for the wonderful memories  
we have of our departed loved ones.  
We are grateful when these memories  
bring us happiness and comfort.  
Help us to continue to keep  
the memories of our loved ones alive  
by living out the gifts and virtues  
we treasured so much in their lives.  
May our remembrance of them  
in this way help their spirit to live on in us,  
and may the virtues contribute to building  
your kingdom here on earth.

*Amen.*

All Good and Holy People:  
Prayers for remembering loved ones, Twenty-Third Pub.

## How do you prepare for Advent?

This question is answered by fellow Catholic Music Directors around the country!

*" try to streamline my schedule.  
I won't give private lessons during  
December. That gives me close to 11  
hours to "redistribute" my time and  
cut down my commute."*

**"I stay away from  
Christmas parties in  
Advent.**

**I don't do much  
Christmas shopping until  
the week after  
Christmas."**

*I already made my hotel  
reservation for Christmas  
Eve to Christmas Day so  
that I can maintain  
"Retreat" mode instead  
of my 45 minute  
commute.*

*"Home life is  
kept simple."*

*"Again...  
keeping it  
simple.  
My goal is to  
approach  
Advent and  
Christmas  
from a place  
of prayer."*

*"I simplify and  
narrow the  
repertoire so that  
the music team can  
be a bit more  
"Mary has chosen  
the better part" as  
opposed to being  
like Martha burying  
herself with busy  
work."*



*"I try to  
reconnect  
to the  
Liturgy of  
the Hours."*

**Click on each candle to enjoy Advent Music!**

# Advent

*A season of expectant hope where  
together we can reflect on the  
restoration we have in Jesus' birth.*



*St. Cecilia Prayer Resource: Free to all NPM members*

During the month of November we pray to St. Cecilia for her intercession, especially on her feast day, November 22. NPM provides a free, downloadable prayer resource to pause and reflect on the gifts we have been given and share with others. This resource is available for all active NPM members and was sent on November 1 to all active members.

This prayer resource is made for individual or group use; feel free to forward this to your parish choir, cantors, or other music ministers.

NPM Prayer Choir on the Feast of St. Cecilia

Join NPM in a "Prayer Choir" on the Feast of St. Cecilia! All NPM members are invited to pray wherever they are, at 3 pm local time on November 22.

Thousands of pastoral musicians will take a moment of prayer that day, asking for the intercession of St. Cecilia, the patroness of music.

St. Cecilia,  
Pray for us!



# ADVENT CALENDAR<sup>2022</sup>

## 2 Cathedral Lessons and Carols:



### Cathedral of St. Thomas More, Arlington VA

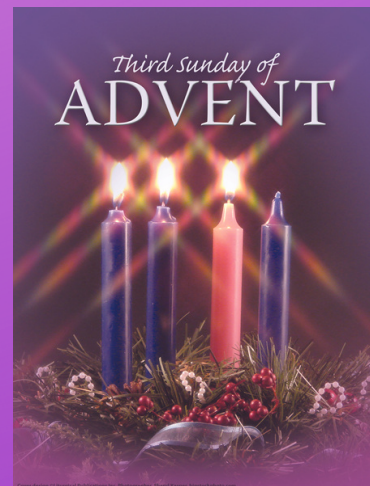
Sacred Music for Advent and Christmas – Sunday,  
December 4 at 4:00 pm

Cathedral Concerts offers the annual Service of Lessons and Carols, featuring Cathedral clergy, lay readers, the Cathedral choir, youth choir, and handbell choir. A cherished Cathedral tradition, this service is filled with candles, carols, and readings. Celebrate the joy and peace of this wonderful season in the beauty of St. Thomas More Cathedral.

### Cathedral of St. Matthew, Washington D.C.

On Sunday, December 11, 2022 at 7:30pm, the Cathedral gratefully resumes its tradition of splendid choral music, Gregorian chants, hymns and carols interwoven with proclamations of the Scriptures that anticipate the birth of Christ, the promised one of the ages.

Join us for this very special event –  
our first Lessons and Carols since 2019!  
The evening is free and open to the public.



## **Add to Events Calendar**

*Do you have a Concert for Christmas? A guest speaker for Lent?*

*All submissions for the Jan/Feb Calendar of Events*

*due by Dec 15th; Please email [music@ccjgs.org](mailto:music@ccjgs.org)*

*Did we miss your event for Nov/Dec? Send anyway and we will get it on Social Media ASAP!*

# Christmas Music

Nov. Dec. 2022

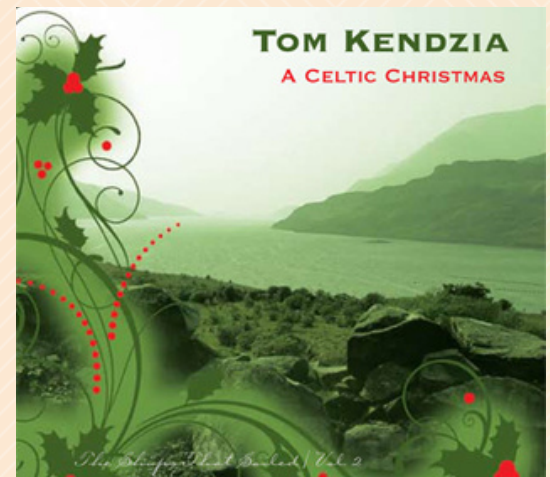


Through Chris de Silva's incredible choral writing and inspired instrumental scoring, the themes of Christmas are exquisitely retold – those of light, darkness, shepherds, angels, heaven, earth, fear, wonder, peace, joy, silence, and sound.

Chris's formal, classical composition training shines through on each piece. From the joyfully powerful "Singing, We Come Singing" to the regal "The Child Is Born in Bethlehem" and the dance-like "Shepherds on to Bethlehem," each of these eight pieces work beautifully as stand-alone choices for your choir's Christmas celebrations. Together, the pieces would work well as part of a well-rounded lessons and carols service.

For choral music lovers, the *Mysterium* recording will become one of your seasonal favorites! - GIA Music

Lively, new arrangements of well-known hymns and carols  
A Christmas sequel to *The Ships That Sailed*, this instrumental collection features lively, new arrangements of well-known hymns and carols. Contemporary guitar stylings complement a traditional Irish blend of fiddle, flute, pipes and more, giving the recordings a fresh and unique sound. These 15 tracks, including 2 medleys, showcase players who are regarded as among the best in Ireland. Composer and arranger Tom Kendzia masterfully captures the energy of this enthusiastic group of musicians as they belt out reels, jigs, airs and other traditional Irish favorites.



"Apples in Winter" opens the album with a swift, non-stop tempo. Cello longingly cries out with droning lows and weeping highs in "What Child Is This." Both "Sliabh Gallen" and "An Chiulfhionn" feature captivating and intricate runs on the harp. Finally, "Gooseberry Reels" will have listeners stomping their feet and clapping their hands as flute, fiddle and accordion playfully battle back and forth.

*A Celtic Christmas* provides a musical backdrop for celebrating the joy-filled season of Christmas. From rousing dance numbers to deeply spiritual ballads, this collection transports the listener to the living room of an Irish party brimming with holiday cheer.



# 30 Day Membership Trial

**Have you considered joining NPM, but don't see the year-round benefits?  
Are you a lapsed NPM member who has considered returning?  
Try NPM for 30 days, risk-free!**

An NPM membership is a powerful opportunity for networking, career advancement, and resources, directly the national church music community. To help you experience what NPM has to offer, we are offering a free 30-day trial. This 30-day trial membership offers 30 days of free NPM membership at all membership levels: Basic, Standard and Premium.

## Through the 30-day trial you can...

- Learn about the ways you can professionally advance through NPM Certificates
- Plan for the next liturgical season using NPM's LiturgyHelp Planning Calendar
- Explore the Members' Area of Exclusive Videos and Resources
- Access a 10-year archive of Pastoral Music magazine, NPM's quarterly magazine
- Receive weekly reflections, bi-weekly newsletters, and additional regularly-offered email resources from NPM
- Plan for attending future programming,  
both in person and online, for 2022-2023 ...and more!

**Take advantage of this free trial by clicking [here](#) and using the promo code "TRYNPM22".  
Contact NPM's Associate Director of Membership, LaTisha Henderson, at [membership@npm.org](mailto:membership@npm.org)  
with any additional questions.**

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## Submissions to the Newsletter

Do you have an event going on at your parish? Do you have something to say or would like to share about your ministry and/or formation? The newsletter is moving to a seasonal publication, please give all submissions to Katie Evans at [music@ccjgs.org](mailto:music@ccjgs.org) and they will be accepted for social media/communications.



# 2023 WINTER *Colloquium* CAN BEAUTY SAVE US?

**LOCAL** event open to NPM Premium Members!  
Winter Colloquium Speaker

**Dates:**

**Monday, January 16 – Wednesday, January 18, 2023**

**Location:**

**Cathedral of St. Matthew the Apostle  
1725 Rhode Island Avenue N.W., Washington, D.C. 20036**



Dr. Don E. Saliers

Dr. Don E. Saliers has served as the Candler School of Theology Theologian-in-Residence since 2014, after retiring in 2007 as the William R. Cannon Distinguished Professor of Theology and Worship at Emory University. For many years he directed the Master of Sacred Music program at Emory, and was an organist and choirmaster at Cannon Chapel for 35 years. Prior to 1974, Saliers taught at Yale Divinity School, and has taught in summer programs at Notre Dame, Boston College, Vancouver School of Theology, St. John's University, and Boston University School of Theology.

An accomplished musician, theologian and scholar of liturgics, Saliers is the author of 15 books on the relationship between theology and worship practices, as well as more than 150 articles, essays, chapters in books and book reviews. He co-authored *A Song to Sing, a Life to Live* with his daughter Emily Saliers, a member of the Indigo Girls.

**Registration will open  
by November 15, 2022.**

**Registration Information:  
Advance registration  
(November 14-December 15):  
\$235**

**Regular registration  
(December 16-January 13):  
\$285**

Registration fee includes: Colloquium registration, all materials, Monday opening reception, Tuesday lunch, and Wednesday lunch.

**Hotel:**

A reserved room block will be available at the Courtyard Marriott Dupont (733 N Street N.W., Washington, D.C. 20036) for \$149 per night plus taxes.

**Book online through the Marriott website or the Bonvoy App.**

Do you wish to attend but you are not a Premium member? Please contact us at [npmsing@npm.org](mailto:npmsing@npm.org) or call us at (240)247-3000 and we'd be happy to help you upgrade your membership.



### Washington DC Board

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# JOINT CHAPTER

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